



Bundaberg Organic Gardeners

~ working with nature ~

E: newsletter.bundyorgard@gmail.com Mail: PO Box 4158, Bundaberg South QLD 4670

E: secretary.bundyorgard@gmail.com Secretary: Karyn Ennor

Website: <https://www.bundaberg-organic-gardeners.com/> Club Mobile: 0493 789 243

NEWSLETTER MARCH 2024

Hello and welcome to our March Newsletter!

The continuous hot weather appears to have left us, much to the relief of many! We can now look forward to preparing our gardens for autumn!

You will see from our March meeting overview, that Lenzie will be talking about the PH of our soil and we can also bring our soils in to be tested. I look forward about learning how to improve the PH balance of my soil and maybe win a free kit! See Page 11

My thanks to Chris and Sue for their helpful suggestions re getting rid of aphids on my beans! I used both ideas – Chris – hosing them off – fun! and Sue – garlic chive spray! The garlic spray was amazing – it worked brilliantly! I am so grateful to have the support of our members' experience! Happy gardening, Deltry

March Meeting

This is the 17th AGM for our club and we look forward to your company!

Members Maureen and Lenzie will be sharing their expertise after the official AGM concludes.

Lenzie will be speaking on the various PH test equipment available as well as importance of adjusting the correct PH balance of your soil.

This is your opportunity to check the PH of your garden soil, please so bring in your samples for testing!

Maureen will be sharing information about the many nutritional benefits of another leafy plant we can add to our meals which can help to increase the strength of our immune systems!

Could members on our supper roster (see last page) provide a list of the ingredients of your contribution due to various dietary concerns of our attendees!

Content

Pg 2 February Report: Speaker Ramya Gopinath

Pg 3 2023 AGM Minutes

Pg 5 AGM Agenda 2024

Pg 6 Trevor's corner

Pg 7 March Field Trips X 2 Reports

Pg 9 Herb of the Month – Dandelion

Pg 11 Moon planting + Soil PH Test Kit

CLUB MEETING – Tuesday 26th March 2024

Club meetings are always the last Tuesday of the Month.

Time: Doors open 6.00 pm for a 6.30 pm start

Venue: McNaught Hall (Uniting Church Hall)
Corner Barolin and Electra Street, Bundaberg

Attendance \$3-member, \$5 visitor, supper available

Members, please wear your badges to the meeting.

Get your lucky door ticket (free with entry), bring along produce to show on the 'From My Garden' table and share in the free seedlings at the end of the meeting.

April Speaker

Our speaker for April will be **Francine Gerraty**.

For the past six years, Francine has run a Care BnB on her property at Branyan. She is very mindful of the medical benefits that many of our natural plants and herbs contain which she can use for her clients if they wish to try them.

Francine has led a varied and interesting life and we look forward to learning about her experiences in using plants with healing properties!



GET WELL WISHES



Several of our members have recently had some health issues and we wish them all the best for their speedy recovery, in particular our Treasurer Kay, BOGI Shop co-ordinator Bruce, Committee member Lenzie and Lisa Kain.

Bruce has been stalwart in his role of BOGI Shop coordinator. We thank him most sincerely for his support and contribution over the years.

Chris Jensen has offered to take on this role. His contact details are on the last page of this Newsletter. Many thanks to Chris for his assistance!

February Meeting Report – Lara Hawker

On the 27th February we welcomed Dr Ramya Gopinath, proprietor of Greena Future Eco Shop. Ramya shared with us the ethical basis for her business. When she opened her shop, she was looking to facilitate affordable, eco products and reduce plastic waste because she considers sustainability to be an ethical issue and quite simply 'just the right thing to do'.



Page /
2

"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful." Mother Teresa.

The impact of plastics began in the 1950's when it was seen as a good alternative to other materials. 50% of plastics we use are single use items that contribute to 300 million tons of waste every year. Plastic waste has grown at an exponential rate. Plastic waste often ends up dumped, washed into drains and can become part of the 8 million tons of plastic waste now found in our oceans. In the oceans, it can then harm marine life and if it does breakdown, it does harm as a micro plastic and enters the food chain. A bag that goes into landfill can take 1000yrs to decompose where it also leaves micro-plastics in the environment. Micro-plastics have contaminated the food chain. The World Wide Fund for Nature (WWF) is saying that we could be unknowingly consuming 5 grams of micro plastics in a week!

Solutions to solve environmental issues are not always straight forward since making alternative products can also impact the environment. We can recycle and reuse products but the best way to help the environment is also to consume less.

Ramya showed us some of her products which included stainless containers, washing up products, washing sheets (instead of powder), bamboo hairbrushes and kitchen paper, re-usable bags, pods to make up your own cleaning products and glass containers rather than plastic ones that can be refilled at her refill station.

The shop also has a recycling area. Some of the items that can be recycled include razors and their packaging, cosmetic packaging, zip lock pouches and cling wrap.

Greena Future Eco Shop is at 100 Hughes Road, Bargara. Open Wed to Fri: 9am-4pm and Sat & Sun: 9am-12.30pm



President Marlene presented Ramya with a basket containing a lovely range of plants for her garden! Thankyou Ramya!



Ramya referred to the range of products she has available at the store.





**MINUTES FOR THE
ANNUAL GENERAL MEETING (16TH)**

Tuesday 28th March 2023

Venue – McNaught Hall (Uniting Church hall)

6.00 – 6.30 pm Registration of Members and Visitors.

6.30 pm Open Meeting. Maureen Schmitt.

Apologies: Chris Jeffrey, Effie Hadjielia, Donna Watton, Peter Van Beek, Lenzie Duffy

Visitors. Jo O'Callaghan, Dee Dee Sorensen, Dawn Brady, Angela Skerman, Noelene Mackay, Lynda Vertigan, Alex Price, Anne Tucker, Tin Yu Wong

Minutes of the 15th AGM held on Tuesday 29th March 2022. "That the minutes of the 15th AGM have been circulated and read".

Moved: Trevor Galletly **Seconded:** Joan Smart

President's Report:

Thank you all for attending our 16th AGM Meeting.

As I said last year, it's the people who make this group so fantastic. We now have a great mix of ages in the club and that is a healthy sign as it means the future of the club is in good hands.

Our membership numbers have remained relatively stable, hovering around 50 members for the last 2 years and we have about 20 visitors who may join in the future.

Our new assets for the year include 1 @ 6m x 3m marquee, and 2 @ 3m x 3m marquees, a Laptop computer and a Pole saw with batteries and charger.

The club's workshops, outings, newsletters and meetings have been proceeding very nicely and I thank everyone who made this happen. We put on a terrific Farmers Market in August and plans are underway for an even bigger and better event this year. We had a great Christmas Party at Baldwin Swamp with sign-alongs, raffles and trivia questions by Joy.

The Newsletters, thanks to Cathy and now Deltry are fantastic and are full of information and tips and tricks for the garden.

Kay kept the finances in the black and Karyn our secretary does so many other things whilst Marlene, Chris and Trevor were always there to steady the ship. I know I have not acknowledged everyone so please forgive me for this. Thank you for the privilege of being President and all the best for 2023.

Maureen Schmitt (President) 28/3/2023

Motion: 'That the President's report be accepted.'

Moved: Maureen Schmitt **Seconded:** Sue Jackson

Cont. P4

Treasurer's Report.

Opening Balance: 1/1/2020 - \$1,406.10 **Receipts:** \$7098.70 **Expenditure:** \$ 3,365.51

Closing Balance: 31/12/2022- \$5,139.29

Motion: 'That the treasurer's report has been read and accepted'

Moved: Kay de Gunst **Seconded:** Karyn Ennor

Election of the Management Committee

Sue Jackson chaired the election.

Outgoing Committee is:

President: Maureen Schmitt

Vice President: Marlene Kent-Fuller

Secretary: Karyn Ennor

Treasurer: Kay de Gunst

Ordinary Committee Members: Christine Jeffrey, Pam Biden, Joan Smart, Trevor Galletly

Election of the New Management Committee

The nominations are:

Position	Nominee	Nominated by	Seconded by
President	Marlene Kent-Fuller	Kay de Gunst	Maureen Schmitt
Vice President	Maureen Schmitt	Marlene Kent-Fuller	Kay de Gunst
Treasurer	Kay de Gunst	Marlene Kent-Fuller	Mike Apap
Secretary	Karyn Ennor	Pam Biden	Marlene Kent-Fuller
Committee Members (4)			
	Deltry Dickie	Maureen Schmitt	Karyn Ennor
	Joan Smart	Pam Biden	Julie Burry
	Pam Biden	Marlene Kent-Fuller	Mike Apap
	Christine Jeffrey	Marlene Kent- Fuller	Kay de Gunst

There is only one nomination for each position
All nominations are accepted by the membership.

Certification of our financial records. Our records have been certified by **Leigh Christensen**

The non-elected Co-ordinators Positions are made by appointment. The incoming Management Committee confirmed the following positions. Vacant positions were filled at a later meeting.

Workshop co-ordinator	Newsletter Editor - Deltry Dickie	Meet and Greet
Supper--- Pam Biden	Note Taker at meetings	Microphone--- Mike Apap
Shop-----Bruce McKay	Herbal Teas----TonyWolfe	Assistant News Editor
Library--Joy Millet	Web Master----Trevor Galletly	Member & Visitor Table Kay de Gunst & Rose Apap

Close meeting: Sue Jackson closed the meeting at 7.30.

Karyn Ennor
Secretary

**AGENDA FOR THE
2024 ANNUAL GENERAL MEETING (17TH)
Tuesday 26th March 2024**

Venue – McNaught Hall (Uniting Church hall)

6.00 – 6.30 pm Registration of Members and Visitors.

6.30 pm Open Meeting:. Marlene Kent Fuller.

Apologies:

Visitors:

Minutes of the 16th AGM held on Tuesday 28th March 2023.

Moved: **Seconded:**

President’s Report: Marlene Kent-Fuller

Motion: **Moved:** **Seconded:**

Treasurer’s Report:

Motion: **Moved:** **Seconded:**

Election the Management Committee – Malcolm Jeffrey will chair the meeting

The nominations are:

Position	Nominee	Nominated by	Seconded by
President	Marlene Kent-Fuller	Deltry Dickie	Pam Biden
Vice President	Maureen Schmitt	Deltry Dickie	Marlene Kent-Fuller
Treasurer	Kay de Gunst	Marlene Kent-Fuller	Maureen Schmitt
Secretary	Karyn Ennor	Marlene Kent-Fuller	Maureen Schmitt
Committee Members (5)			
	Deltry Dickie	Maureen Schmitt	Pam Biden
	Jo-Anne Callaghan	Karyn Ennor	Marlene Kent-Fuller
	Pam Biden	Kay de Gunst	Maureen Schmitt
	Dee Dee Sorensen	Marlene Kent- Fuller	Kay de Gunst
	Lenzie Duffy	Karyn Ennor	Marlene Kent- Fuller

There is only one nomination for each position at the close the meeting held on 27th February 2024
Certification of our financial records:

The non-elected Co-ordinators Positions are made by appointment.

The incoming Management Committee will confirm the following positions.

Workshop co-ordinator	Tea person	Library
Supper	Microphone Manager	Door Assistant x 2
BOGI Shop	Newsletter Editor	Assistant Newsletter Editor
Web Site Co-ordinator	Assistant treasurer	Meet and greet

Close Meeting:

Organic Gardening with Trevor

Trevor spoke about being an organic gardener. He introduced us to the plant health pyramid. The plant health pyramid is a model that shows how to improve the health of your plants, so you end up with a healthy plant that won't have diseases. The first stage on the pyramid, the foundation level, is photosynthesis.

Photosynthesis is when a plant uses sunlight, carbon dioxide from the air, and minerals and water from the soil, to make glucose (sugars) and oxygen. The sugars produced in this process are used by the plant to help it grow above and below the soil. The roots of a plant do more than just grow; they also exude some of these sugars to build and feed the soil micro-biology. Different plants exude different sugars which feed different microbes in the soil. By growing a variety of plants, we can therefore increase soil bio-diversity, nutrient cycling, moisture retention, resistance to pests and diseases, crop and pasture productivity, food security, landscape function, and carbon sequestration (that's when carbon is taken out of the air and into the soil).

Building our soil is important, because the products we add to our gardens need to be grabbed by the soil biology, so it doesn't just wash straight through. This is especially important in sand.

Question: Is fungi good?

Answer: Yes, fungi is good in the garden. You can feed the microbes and fungi with compost and by growing living plants, which provide them with sugars.

If we want good plants, we should ensure all minerals are present and use food for soil biology.

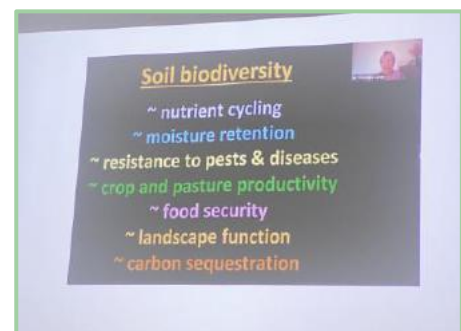
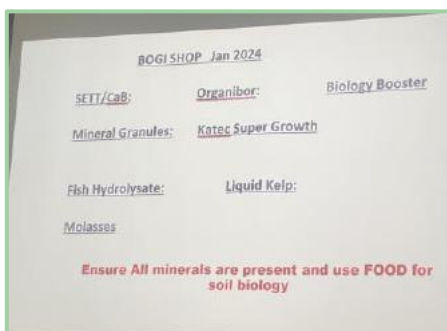


Beneficial Soil Fungi

Biology Booster (from the BOGI shop) contains sea minerals which have been washed into the sea – we can bring them back to feed our soil/plants. There are lots of things to help us feed our soils/plants such as mineral granules, Katec super growth, fish hydrolysate, liquid kelp, and molasses. How much you need depends on the soil. Start with Katec super growth. If you want to go up the Plant Health Pyramid then you will need to add calcium. Fundamental trace elements in the soil are very important. Compost can also help with trace elements as it can contain lots of things from different places – you can even add seaweed (but not from the national park areas).

Remember to look at your plants. Do they look healthy? By looking at sweetcorn, we can tell that a yellow leaf means it will need zinc and probably a high nitrogen feed. If you have questions about your plants, you can always bring in some leaf samples for advice. You can also plant sorgum, oats, peanuts, green beans, lucerne, vetches, tares, faba beans, wheat and parrot mix. Interplant with vegies and flowers and mulch.

As organic gardeners, we grow plants to increase photosynthesis and increase what roots can exude to feed the soil biology. This improves soil health and results in less insects and diseases invading your plants. Organics are not just about 'no chemicals' - lets aim for good, healthy mineral rich foods that are good for us.



MARCH FIELD TRIP – Greena Future Eco Shop and Maureen Schmitt Park, Hummock

Eleven members had the pleasure of visiting the Greena Future Eco Shop at Bargara on Saturday 16th March. We were delighted at the wonderful range of manufactured products for sale which do not harm the environment! This was a great follow-up to the talk given by proprietor Ramya Gopinath at our February meeting. There is also a wide range of household products available which the buyer is encouraged to refill from the bulk stations! The shop is situated in a picturesque spot at 100 Hughes Road, formally Bargara Berries! We were ready for morning tea after our visit to *Greena Future Eco Shop* , so off we drove to the Hummock!



Wonderful range of environmentally safe household goods!



We can recycle our household containers and Food Care items

Remember to bring your recyclable household items to our Tuesday evening meetings. Karyn has offered to take them to Greena Futura Eco Shop! Many thanks Karyn!



Happy members enjoyed the visit!



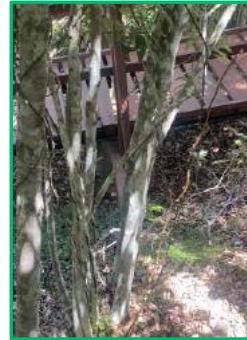
Attractive, practical & economical



The grounds are picturesque. After buying your wares, you can visit The Garden Mill Café, relax and then check out the goats and chickens!!



After having morning tea in Heathwood Park at The Hummock, several of us walked the boardwalk to the lookout perched on top of one of the many huge water tanks on top of The Hummock. Despite The Hummock only being around a 100m high, we were still given a good view eastward to Bargara and northward to Burnett Heads. The view showed the massive growth of houses that has occurred around Bargara over the last few years.



After completing the boardwalk, we walked through the playground to Maureen Schmitt Park which is situated on the west-facing side of The Hummock. Because of its rockiness, the area was never planted with sugarcane but there was rumour of maybe putting in a subdivision, so to prevent this happening, the area was assigned to be replanted with Woongarra Scrub species, similar to what grew all around The Hummock. The replanting took place from 1997 to about 2007 and involved many volunteers and school groups.

Originally there was about 2,000 hectares of Woongarra Scrub but because it grew on rich, red, volcanic soil, 99.5% of it was cleared by the 1870s. It therefore became important to collect and propagate seeds, then plant the seedlings to keep Woongarra Scrub species alive.

As the track was a little stony, wet and slippery, we only ventured a short way along one of the pathways but enough to understand what the Park was all about. Sadly, the edges along the track have become badly infested with tall exotic grasses but we could all see how this small area is now a haven for birdlife and other native animals.



SAVE THE DATE – Saturday April 20th

We are planning to visit Kellys Creek Reserve, situated at 11 Lardens Street, off Durdins Road, Bargara. This is an important rehabilitation and conservation project in Bargara.

Later in the morning we will move on to Crawford Park, Archies Beach to view the special mosaics featured on the walls of the amenities block! You may not be aware that the beautiful MilBi Magic community mosaic has won bronze in the recent Australian Street Art Awards.

Herb of the Month – Dandelion - Taraxacum officinale

Many thanks to Chris for her past contributions to the monthly newsletter and welcome to Pam Burgess!

Hi all, Pam here; I have been encouraged to give Chris a break and step in to share my knowledge, such as it is, regarding the Herbs that I consider necessary to a healthy life. So here goes!

The humble Dandelion is a perennial herb and its benefits were not appreciated over the years but that seems to have changed now! It is similar to Comfrey (yes, we will cover that one in another issue) in that it goes down deep into the subsoil (meters) and extracts the nutrients that we all so desperately need, and brings it up to the leaves, flowers and roots to be extracted and used by whomever is lucky enough to pluck and eat it.



It took me two years to successfully establish the plants on my property, after acquiring a pot of Dandelion from Shirley Pennington. Thankfully, now, I have them popping up here and there as well as dedicated planting areas that the sheep can't get to! So, on to the benefits!

Dandelion leaves, flowers and roots can all be eaten and you can safely identify the plant if you remember this phrase...One flower; One stem! Contrary to this, the false dandelion, Cat's Ear, has one stalk, many branches, and many tiny flowers. Not a good one!

Dandelion, *Taraxacum officinale*, is a traditional food in several European countries. Plant analysts have said that the Dandelion leaves are more nutritious than any greens you could buy in a supermarket. I can personally attest to that.

Calcium and iron in the leaves are higher than in spinach; the chlorophyll rich leaves are also a good source of lecithin, phosphorus, chromium, zinc, magnesium, manganese, boron, potassium, silicon, sodium and selenium - all the things that Trevor says that our soil requires! To continue - the vitamins that are abounding in the humble Dandelion include A (higher than in a carrot), B1, B2, B3, B5, B6, C, D, E, H, K and P. PLUS 16.5% protein.... which makes it a valuable addition to your diet! (Just like Pidgeon Pea!)

The roots contain Inulin and many other therapeutic benefits, which assists in the growth of healthy bacteria in your gut, helps to control blood sugar levels, and boosts bone strength AND the immune system! Why would we not be growing and eating this amazing, Creator given, herb, daily? Because of its high potassium content, it creates a balance of electrolytes in the blood. Women with hormone imbalances can benefit from taking this herb. It has a very alkalising effect, helps to detoxify one's system, thus improving health and reducing stiffness in the joints.

I can personally vouch for the consumption of a variety of my garden greens on a regular basis (not lettuce, & not the standard English veg). I am now past my mid 60's and feel way better than many my age. I am by no means a totally clean eater, but I am leaning closer to how Lenzie eats, and I feel better for it.

Every part of the Dandelion has medicinal uses - strengthening of the heart, liver, kidneys, spleen and gall bladder, relieves headaches, menstrual cramps, backaches, stomach aches, and even depression. Dandelion oil (home-made of course, hopefully with Aussie olive oil or coconut oil) makes a great massage oil. (Add comfrey to that for an even better outcome). It's particularly good for stiff, sore muscles and joints, and may help to relieve back tension. Eating a couple of leaves at the start of a meal, increases the production of hydrochloric acid in the tummy thus increasing the bioavailability of many nutrients, especially calcium. Finally, Dandelion is one of the best herbs for building the blood, helping to counteract anaemia and jaundice.

Yes, its bitter, but bitter in the mouth is sweet in the belly, so...what I do is chop up a variety of garden greens, with the Dandelion and Comfrey, chop finely, mix well, add a homemade Honey Mustard dressing, sprinkle on some nuts, dried fruits and seeds, and I have one yummy healthy salad. Alternatively, one can add a leaf or three to a tea, or dehydrate and add to any meal, any time!

This invaluable information has come from Isabell Shipard's book 'How can I be prepared with Self-Sufficiency and Survival foods?' and my humble additions. This book was written in 2008 and she must have had future vision, because we need the knowledge in this book even more now. I would highly recommend it to go with her other books.

Cheers, Pam

Reminders for Gardening in Autumn

Here are some great reminders for this coming growing season from the Brisbane Organic Growers Inc.

Plants feel the need for a feed at this time of year. A seaweed tea, or any low environmental impact liquid fertiliser, is perfect for giving them a kick start as they establish. Apply to the soil early in the morning and in the concentrations mentioned on the packet.

Begin to prepare your potato beds now...you'll be glad you did come April! Pretty-up the patch with marigolds, sunflowers and pansies, cornflowers, violas, snapdragons, stock, verbena and lavender. Popping these in around your veggies will give some colour and interest to the patch, and act as beneficial insect attractors! Consider a green manure crop to add some life and love to an overworked patch.

At this time of year, try millet, oats, lupins or field peas. This will improve your soil incredibly, and, as a bit of forward planning, you'll find it well worth the effort!

Water smarter at this time of year. Water first thing in the morning - a nice, deep drink a couple of times a week is far more beneficial than a few quick splashes.

If you haven't already, mulch on your veggie patches, herb gardens and ornamental beds, especially important for weed suppression - if like me, you haven't finished weeding, it is good exercise! Keep mulch clear of plant stems.... especially young seedlings.



It is time to plant Garlic –

There are two main types of Garlic: hard and soft neck. Hardneck varieties are better suited to cool to cold areas, while softneck varieties grow best in temperate and warmer climates.

Choose a sunny spot in the garden with well-drained soil. Garlic needs at least six hours of sunshine a day.

Garlic does best in slightly acidic soil (pH 5.5-7).

Separate the Garlic bulb into individual cloves and push the cloves into holes 2-5 cm deep and 10-20 cm apart.

Ensure the clove is planted pointy end up! Water in well and mulch lightly with an organic mulch, like sugarcane or pea straw. Mulch helps to keep the soil moist.

As soon as leaves emerge, feed the Garlic plants every 1-2 weeks. Regular feeding promotes healthy leaf growth and plump Garlic bulbs.

Water regularly throughout the growing season to keep the soil moist, but not wet. Garlic bulbs can rot during prolonged wet weather or in poorly drained or heavy clay soil, so grow Garlic in a well-drained position and monitor soil moisture levels. To help reduce the incidence of leaf diseases, water around the base of the plants and avoid watering the leaves.

Garlic can be harvested around eight months after planting. Bulbs are ready when a few of the leaves start to yellow and brown or any flower stalks start to bend. Using a small trowel, gently lift from underneath the bulb and pull on the stem.

Hang harvested plants, with the leaves still attached, in an airy sheltered spot for about a month to dry and cure. Then your Garlic is ready to use! You can also grow garlic in a pot.



Pole Saw on loan for BOGI members to help clear up your garden and yard!

Our President Marlene and her husband Malcolm have generously donated a Pole Saw for members to use. The Pole Saw and accessories are stored on Kay and Les' property, and all it takes is a phone call to arrange the time and date of collection. Contact Kay & Les de Gunst on 0477014096. A complete set of instructions has also been provided.

We are announcing that our BOGI club now has business cards for our members to share the good news about our Organic Club. These are available at our monthly meeting on the front desk. Be sure to pick some up and hand out to those interested in learning about organic gardening!

Seeds and Seedlings Give-away

Several club members collect seeds from their own gardens. At club meetings these selected seeds and seedlings are available for members to plant out for their own garden use. This a good chance for you to try some new varieties.



Our Lucky Door Prizes this month will have an extra surprise for four lucky attendees - PH soil testing kits!

Our executive has donated these kits as special gifts for our 17th birthday celebration!

In conjunction with our information and practical soil testing session with Lenzie after the AGM, you could be a winner of one of these kits!



*Do you have marauding hens?
Joan found this to be a very successful way to save her plants from destruction! She used bicycle baskets to cover her precious vegies! 😊*



Planting by the Moon – April - submitted by Kay de Gunst

(Last ¼ to New Moon) 2 – 8 April: The waning moon is good for balanced growth. No sowing or planting during this phase. Harvest vegetables, weeding, digging, pruning and cultivate. Apply mulch

(New Moon to ¼ Moon) 9 – 15 April: Influences balanced growth; a lower gravitational pull decreases and this stimulates root growth. The best time to sow or transplant leafy vegetables.

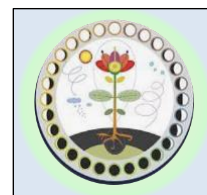
(First ¼ to Full Moon) 16 – 23 April: Increased light from the waxing moon benefits leaf growth, and root growth slows down. Best time to sow/transplant fruiting annuals.

(Full Moon to ¼ Moon) 24 – 1 May: Gravitational pull decreases and moonlight decreases, so leaf growth reduces and root growth increases. Plant root crops now.

What to plant in April:

Asian vegetables; Beans; Beetroot; Cabbage; Carrots; Cauliflower; French Beans; Garlic; Kohlrabi; Lettuce; Leeks; Mustard Greens; Onions; Parsnips; Peas; Potatoes; Radish; Shallots; Silverbeet; Spinach; Sweet Potatoes; Turnips.

**** Plant these in seedling trays first: *Broccoli; Cabbage; Capsicum; Cauliflower; Celery; Lettuce; Silverbeet.***



**Members – Do you have herbs to share for our teas at supper time?
Tony would love to hear from you on 0497 173 169 or 4159 9559 before the meeting to tell him which herbs you are bringing in for our supper tasting. Thank you!**



BOGI SHOP – Chris Jensen before or after the meeting to purchase any of the following gardening inputs. This is one way that the club supports its members by buying in bulk and sharing the savings.

Products available are:

- Liquid Kelp
- Fish Hydrolysate
- Mineral Granules
- Microlife
- Organibor
- Katex Organic Super Growth
- Molasses



They are available for sale at our meetings, or please contact Chris on 0412 992 191 for collection from his address in East Bundaberg.

Committee

President – Marlene Kent-Fuller
 Vice President – Maureen Schmitt
 Treasurer – Kay de Gunst
 Secretary – Karyn Ennor
 Committee Members – Pam Biden, Lenzie Duffy, Christine Jeffrey, and Deltry Dickie.
 Herbal Teas – Tony Wolfe - 4159 9559 or 0479 173 169
 Library – Joy Millett
 Supper – Pam Biden
 Workshops and Field Trips – Linda Cameron 0437 679 747
 BOGI Shop – Chris Jensen - 0412 992 191
 Newsletter Editor– Deltry Dickie – 0414 992 553
 Assistant Editor – Joan Smart
 Note Taker – Lara Hawker

Deadline for April 2024 Newsletter

Friday 12th April 2024

Please send through information to the editor by the second Friday of each month.

We would love FEEDBACK from club members on anything and everything.

Tell us about your successes and your failures in the garden and help others learn along the way.

Let us know about community events or what’s up-and-coming in the area.

To include notices and details of Club activities email: newsletter.bundyorgard@gmail.com

Or Phone Deltry 0414 992 553

Please send through articles at any time, if they miss one newsletter, they will make the next.



Our Objectives

- *To promote the understanding of the health and environmental benefits of organic gardening and food production.*
- *To encourage members to grow some of their own herbs, vegetables, fruit and flowers using organic principles.*
- *To help preserve traditional, non-patented and seed heirloom varieties.*
- *To provide fellowship and enjoyment in growing and eating organic food.*
- *To encourage active participation by members in supportive and fun social activities in pursuit of the above objectives.*

Treasurers Report February 2024

Opening Balance 1 st February	\$ <u>6692.36</u>
Income	\$ 115.26
Expenditure	\$ 80.60
Closing Balance February	\$ <u>6712.02</u>
Visa Account	\$ 338.06
Income	\$ 00.00
Expenditure	\$ 98.90
Balance	\$ <u>239.16</u>

This Month’s Supper Roster Tuesday 26th March

Deltry Dickie, Val Wright, Colin Walmsley,
 Marlene Raynor, Cathy Critchlow, Eiffe Hadjielia
 Ester Shereston, Tony Wolfe, Debra Nowaikalou,
 Kay de Gunst, Trevor Galletly, Clare Cropano

This is the official monthly newsletter published by and distributed to the members of Bundaberg Organic Gardeners Inc. Whilst every effort is made to publish accurate information, the Club accepts no responsibility for statements made or opinions expressed, or any consequence arising from them. For further information, contact the Secretary.