



# Bundaberg Organic Gardeners

~ working with nature ~

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## NEWSLETTER NOVEMBER 2023

### Hello and welcome to the last Newsletter for 2023!

I'm sure you have all rejoiced with our recent rain! My plants seemed to explode with happiness! What a difference rainwater makes in the garden as opposed to tap water! I looked up some info regarding this and I read the following information from Gardening Know How!

<https://www.gardeningknowhow.com/garden-how-to/watering/rainwater-versus-tap-water.htm>

*Concerns over levels of lead, chlorine, and other compounds in water have raised questions about the use of tap water on our plants. In most cases, tap water is safe because it is tested and regulated to conform to safety standards in drinking water. Using tap water on plants should therefore be safe, except in the cases of very sensitive species and certain edibles. If you are concerned about your tap water, it may be boiled or simply left out for several hours to off-gas certain compounds. Then the tap water will be pure enough to irrigate plants.*

I hope you are able to join us for our end of year celebration. The committee has been working hard to make it a great day. We do not have a meeting in December, so I wish you all a safe and relaxing Christmas and a great New Year!

Warm regards, Deltry

Could those on our supper roster (see last page) provide a list of the ingredients of your contribution due to various dietary concerns of our attendees!

Thank you!

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### **CLUB MEETING – Tuesday 28<sup>th</sup> November 2023**

Always the last Tuesday of the Month.

**Time:** Doors open 6.00 pm for a 6.30 pm start

**Venue:** McNaught Hall (Uniting Church Hall)  
Corner Barolin and Electra Street, Bundaberg

Attendance \$3-member, \$5 visitor, supper available

*Members please be reminded to wear your badges to the meeting.*

Get your lucky door ticket (free with entry), bring along produce to show on the 'From My Garden' table and share in the free seedlings at the end of the meeting.

### **November Meeting**

Our speaker this month is Peter Wilson, who is a retired Soil Scientist. He previously worked with the Qld Government and CSIRO on understanding soils and landscape management throughout Queensland and northern Australia. Peter's interest in insects started at an early age and he started collecting butterflies in the 1980's while based on the Wet Tropical Coast. This is part of a region that contains 75% of Australia's butterflies. His collecting butterflies quickly progressed into rearing them, mainly to understand their life histories and ecology. This promises to be a very informative evening and we look forward to understanding how we can apply this knowledge to help improve our environment.



### **Save the Date**

**Sunday 10<sup>th</sup> December** – BOGI Christmas party –  
Baldwin Swamp Environmental Park, Steindl Street  
See you at the Shelter Shed 10am -3pm!  
See page 9 for more information



Joy Dukes and Maureen with her lovely trophy!

Joy Duke, Director of Promotions & Events for Gardening Clubs Australia, came from Maryborough with her husband, to present Maureen with the Gwendy Hansford Environmental Award. The award was instigated in 2004 by Gwendy's daughter, in memory of her mother, who was a keen environmentalist. Joy said that Maureen's background and involvement with environmental issues over many years, had made her a well-deserved and outstanding recipient of the award.

Ray Johnson, Director of Gin Gin Landcare, spoke of his long association with Maureen and their joint concern for local environment issues. One of his concerns is about rare and endangered trees. He explained that Maureen obtained stock from Greening Australia of a particular rare tree that is native to the Childers/Calloipe region. He said that these trees

are now thriving in the area Maureen had recommended, which is behind the service station at Apple Tree Creek! Ray has collected seed from them now and he congratulated Maureen on her initiative! He also mentioned her qualities as a person – her givenness and integrity which has manifested into who she is today!

Cr John Learmonth congratulated Maureen on behalf of the Bundaberg Regional Council for her contribution to improving environmental areas around Bundaberg and the region!

#### MAUREEN'S GWENDY HANFORD'S ACCEPTANCE SPEECH FOR 24 OCTOBER, 2023

In accepting this award, I would like to briefly draw your attention to how far we have come and yet how far we must now go to protect our future.

I remember at school we were taught about the whaling at Tangalooma, Albany and Byron Bay. I remember seeing film footage of harpoons being shot into whales and then the dead whales being dragged on board by their tails. I remember the photos of the logging of our rainforests where everything was clear-felled and in Brazil, the logging of the Amazon Rainforest - something like a football field a minute.

Well, we became more compassionate towards the whales just before we wiped them out. We did stop the logging in some of our rainforest areas in North Qld. and they are now World Heritage Listed. Unfortunately, the logging still goes on in the Amazon Rainforest, the "lungs" of the world.

I also remember in our home garden if there dared be a caterpillar or a grub on the cabbages, it was out with the DDT, one of the most dangerous home garden chemicals ever produced.

Then came a little book by Rachel Carson called "Silent Spring" that opened the world's eyes to the danger of DDT, chemicals and pollution. I lived in Canada for 3 years in the early 80's and in summer we would head to northern Ontario and stay in a cottage on Drag Lake. Sadly, Drag Lake was a dead Lake, no life in it, because it received a lot of air pollution from the factories in Detroit and Chicago in the USA as it was situated just below it. In Detroit and Chicago, they built the chimneys very, very tall so the prevailing winds would blow northwards into Canada, all the pollution or acid rain as it was later called.

As for energy usage, my generation were taught to turn the light off when you left the room; if you were cold, you put on a jumper and a pair of socks and as for food waste, well, that was turned into eggs as nearly every house had their own chickens.

I remember the passionate pleas of people like David Suzuki and Sir David Attenborough trying in vain to make us appreciate the beauty of our planet not only for the amazing plants and animals in it, but also for the sake of our own future.

So, let's face it, we have come a long way with some things such as medicine, nutrition and technology but our ever increasing population is making it difficult to meet all the needs, wants and demands of modern day living. When I was growing up, no one really thought about what we were doing to the planet. Nowadays, we all know what is going on and there is no excuse to plead ignorance.

So what does it really come down to? I believe it comes down to the conscience of the individual. For instance, it's when you're walking your dog and it goes to the toilet on your neighbour's lawn. Do you do a quick look around and if no one is watching, you keep walking? It is also when you are out walking the dog again and you come across the remains of some ones' fast food meal – you know, the empty box, the serviettes, the hamburger wrappers and the plastic drink container. Do you step over or around this litter, or do you carry a bag with you and pick it up, just because you can and because you care?

It is interesting hearing the comments I get when people see me picking up rubbish eg. "gee, you are good or good on you." I often say to people that if we all picked up a little rubbish, it will stop it getting into our creeks and waterways and stop it from killing our whales, dolphins and turtles. I can never forget seeing a photo of a dead whale which had starved to death because its gut was full of plastic. A study done many years ago on 1,000 dead turtles showed that every turtle had plastic in its gut.

My conscience won't let me step over or around rubbish - I have to pick it up! A few weeks ago, I was alone on a subway platform in Berlin and I found myself picking up plastic bottles that someone had dropped.

So let's face it – we can all do better. I can do better. I can grow more of my own food; I can plant more trees and I can stop buying products wrapped in plastic. BRC's One Million Trees project is a fantastic initiative, as is the commitment "Toward Net Zero by 2030", the solar panels on Coronation Hall and other places are all fantastic as is the free fitness programs.

So, finally in accepting this award, I would like to acknowledge the ongoing commitment and hard work of people like Pam Soper, Darryl Hampson, George Martin and many other people. And also Ray Johnson who has created this wonderful institution called Gin Gin Landcare. I also want to acknowledge Eric Zillmann, an incredibly knowledgeable ecologist who taught me so much about this wonderful part of the world we live in.

Thank you Garden Clubs Australia for this prestigious award, to Joy Duke and her husband for being present tonight, Cr. John Learmonth and his wife, Gillan, Ray Johnson and also to all the wonderful people in Bundaberg Organic Gardening Club. I thank you all.



L-R, Ray, Joy, Marlene,  
Maureen, Gillan and Cr. John



L-R, Marlene, Kay, Karyn,  
Maureen and Deltry



L-R Maureen, Marlene, Joy  
and Karyn



## VALE PETER BURGESS

A very special person, Pete Burgess, passed away on Friday, 17<sup>th</sup> November 2023.

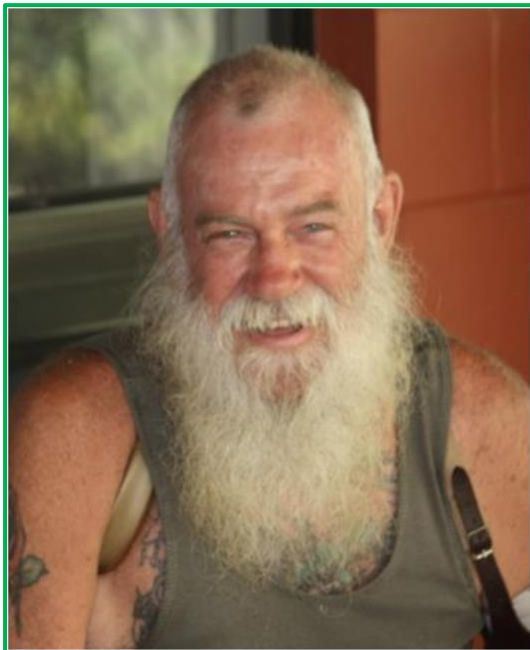
Pete was one of those people you meet and never forget. He was always smiling, full of energy and always there to lend a helping hand.

Both Pete and Pam Burgess have been part of our BOGI community for many years and they have helped to make BOGI the wonderful Club it is today. Maureen remembers building a food dryer at one of Pete's BOGI workshops. He had them cutting this, gluing that and painting colourful designs to personalise their own dryers. Maureen still uses her dryer to this day and every time she uses it to dry bananas, mangoes, herbs etc., she thinks of Pete and his generosity.

There are so many who felt privileged to have spent time with such a wonderfully funny, incredibly positive, kind, inspirational man who encouraged others to always see the bright side of life.

Pete and Pam's vast and practical knowledge of permaculture and sustainable living have inspired many BOGI members and others.

We send our condolences and best wishes to Pam. We also want her to know that we are always available to lend a hand.



From Pam:

'My love, my pirate, my husband of 27 years, passed away last Friday morning, 17<sup>th</sup> November, following a long battle with cancer. He is now at peace and pain-free.

He was most happy to be a part of such a positive and earthy group of people, he cherished your friendships and was sad that we could not continue to attend meetings and events as his illness progressed. He brought joy and smiles to all who spent time with him.

Please treasure those memories.

Members please note:

Molasses will be available from the BOGI shop at a very reasonable price of \$2 per kg or Lt.

Bruce now has a 25 kg drum and is busy decanting. A sticky little duty! If anyone has spare large mouthed 1 litre jars, like yoghurt jars, please bring a few in for Bruce.

The benefits of molasses as a fertilizer, in addition to the sugar, are that it actually contains a nice array of trace minerals and vitamins for the garden, and it's also very sticky, so it helps your microbes and fertilizers stick to plant leaves during application.

Liquid molasses is such a valuable addition to your compost bin.

Blackstrap molasses contains calcium, magnesium, potassium, and iron.



Welcome to our new members: Wishing you all an enjoyable learning and growing experience!



Tom Goldrick



Debra Nowaikalou



Nola Chase



Do you have any gardening concerns or is there something you would like to share about your garden? We'd love to hear from you!

Our Open Forum and the From your Garden segment toward the end of our meeting is your opportunity to do this and your questions can also be a help to other members!

At our November meeting, we will be discussing the best plants to grow in December and over the summer months. Many thanks to Kay de Gunst for providing the information 'Planting by the Moon' and 'What to Plant Each Month'. See page 9!

Honey as a Root Hormone: We all know that honey has many health benefits. It is, after all, a natural antiseptic and contains anti-fungal properties — both of which are believed to be one of the reasons honey as a root hormone seems to work so well. In fact, just 1 tablespoon (15 mL.) of honey is said to contain about 64 calories and 17 grams of carbohydrates, most of which come from sugars, and seems to provide plants with a much needed boost just as it does for us.



Read more at Gardening Know How: Honey As A Root Hormone: How To Root Cuttings With

Honey <https://www.gardeningknowhow.com/garden-how-to/propagation/cuttings/honey-root-hormone.htm>

In addition to containing possible rooting agents, it is thought that using honey for cuttings helps guard against bacterial or fungal problems, allowing the little cuttings to remain healthy and strong.

Recipe: 1 tbsp (15 mL) honey – Pure, or raw, honey is said to be better than regular store-bought honey (which has been processed/pasteurized, thus taking away the beneficial properties) and yields the greatest results. So when obtaining store-bought honey, ensure the label specifies that it's "raw" or "pure" honey. 2 cups (0.47 L.) boiling water – Mix the honey with your boiling water (do not boil the honey itself) and allow to cool. Place this mixture in an airtight container (such as a mason jar) until ready to use, storing it somewhere away from light. This mixture should keep up to two weeks.

This has been a year of growing, learning, sharing, and welcoming many new members to our BOGI community. I thought I would finish this year with a brief summary of most herbs we have presented and highlight some of the benefits of using these herbs for good nutrition and/or, their healing properties.

All herbs have many vitamins, oils, and a variety of uses. To grow a good, varied herb garden will not only give you much joy, but it will also provide your garden with beneficial insects, help with soil improvement, and provide you with an amazing experience of watching nature at work. If you haven't already done so, I thoroughly recommend that you put aside some space for these special plants. You will be grateful and be a blessing to others who will enjoy sharing their benefits.

Enjoy the holiday season and keep in touch with each other. This year has presented challenges for many of us, and we all need support to continue on in hope. We are strong and like good soil, when it has the right nutrients, our lives can be more positive using nature's herbal gifts!

Wishing you all a safe celebration season, Chris



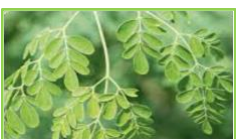
Echinacea: *E.angustifolia* and *E.purpurea* Actions: Infection fighter and blood purifier, antifungal, anti-inflammatory, antioxidant, antiseptic, alterative, analgesic, antibacterial, antibiotic, antiscrofulus, aphrodisiac, deodorant, immune stimulant.



Pennyroyal: *Mentha pulegium* Actions: Fragrant, antiseptic, calming, anaesthetic, anti-inflammatory, antioxidant, antiseptic, antispasmodic, antiviral, carminative, cholagogue.



Willow: *Salix alba* (small flower)- Actions: Prostrate disorders, analgesic, anodyne, anti-inflammatory, antioxidant, antipyretic, antirheumatic, antimalarial, antiseptic, astringent, digestive, disinfectant, diuretic, febrifuge, tonic



Moringa tree: *Moringa oleifera* Leaves 38% protein, eight essential amino acids, Vitamins: A B1, B2, B3, B5, B6, B9 (*folic acid*), B15, B17, C, D, E, H, K. Actions: antibiotic, anti-inflammatory, antioxidant, antiviral, aphrodisiac,



Watercress: *Nasturtium officinale* Actions: Poultice for swollen feet, weight loss, antibacterial, antibiotic, antioxidant, antiscorbutic, antiseptic, digestive, diuretic, expectorant, stimulant, stomachic, tonic



Valerian: *Valeriana officinalis* Actions: Insomnia, cramps, anodyn, antispasmodic, antithemic, carminative, cathartic, diaphoretic, digestive, diuretic, expectorant, nervine, sedative, stomachic, tonic



Mouse ears: *Hieracium pilosella*. Actions: Whooping cough, throat, bladder stones, anti-inflammatory, antispasmodic, astringent, cholagogue, digestive, diuretic, expectorant, pectoral, sialagogue, sudorific, tonic, vulnerary



Yarrow: *Achillea millefolium* Actions: stop bleeding, varicose veins, alterative, analgesic, antibacterial, anti-inflammatory, antipyretic, antiseptic, antispasmodic, astringent, carminative, circulatory, diaphoretic, digestive diuretic, febrifuge



Sweet Leaf: *Sauropus androgynus* Actions: blood builder, leaves eaten for anaemia, fatigue, diabetes, antibiotic, antioxidant, diuretic, febrifuge, tonic

What A Little Gem The Cucumber Is! <https://www.foodinis.com/little-gem-cucumber-will-look-differently-now/>



1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminium to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!
6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!
7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to thwart off starvation.
8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe; its chemicals will provide a quick and durable shine that not only looks great but also repels water.
9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!
10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.
11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the



onsible for causing bad breath.

12. Looking for a 'green' way to clean your faucets, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.

**Pole Saw on loan for BOGI members** to help clear up your garden and yard!

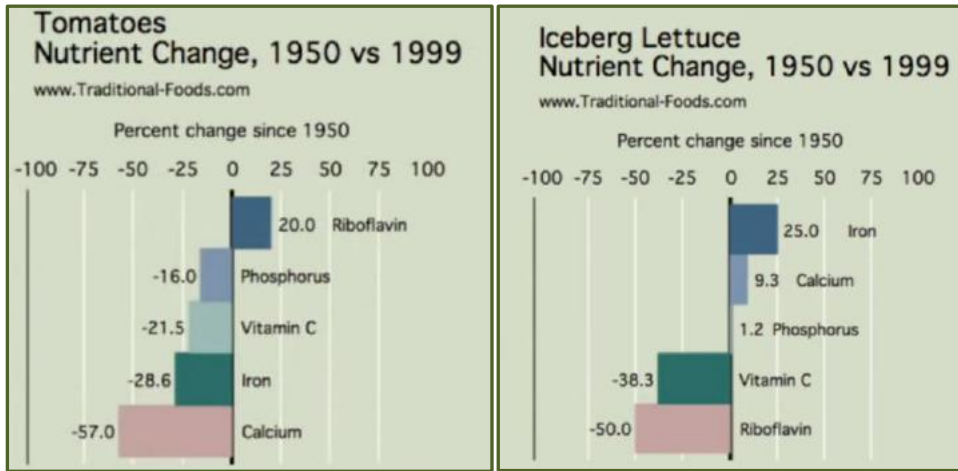
Our President Marlene and her husband Malcolm have generously donated a Pole Saw for members to use. The Pole Saw and accessories are stored on Kay and Les' property, and all it takes is a phone call to arrange the time and date of collection. Contact Kay & Les de Gunst on 0477014096. A complete set of instructions has also been provided by Marlene and Malcolm. Remember to leave fruiting trees alone!



Trevor asks- 'Why grow organically'?

Some reasons may be to avoid chemicals, concern for the environment, gain higher nutrition and more enjoyment of better tasting food.

This week I found the following graphs that indicate tomatoes and Iceberg lettuce in the USA contain 50% less calcium in 1999 compared to 50 years earlier!! You need to eat 2 tomatoes or 2 rockmelons in 1999 to get the same amount of calcium as you would have in 1950 from one tomato or one rockmelon.



Clearly, farmers are not delivering highly nutritious fruit and vegetables to customers. The following video clearly shows that plant nutrition, plant health and the use of chemicals for insect and disease are closely linked. <https://www.youtube.com/watch?v=C8NNU084dRY> This is a 37-minute video. It may be a little technical for some, however, I am sure most will find it interesting. Further information and practical methods are available on request. Cheers, Trevor

Would you like a workshop on this topic, or similar, in 2024? Please give expressions of interest to Trevor or to our secretary, Karyn Ennor : [secretary.bundyorgard@gmail.com](mailto:secretary.bundyorgard@gmail.com)

**CHRISTMAS RAFFLE**

Sunday 10<sup>th</sup> December: BOGI Christmas Party - Baldwin Swamp Shelter Shed – 10am – 3pm



Tickets \$2 ea or 3 for \$5  
Tickets on sale at our meeting! Take some ticket books and sell to your friends and relatives!



*Look at all these beautiful gifts that our members have provided to fill the Christmas trolley!  
Many thanks to Marlene for wrapping and decorating the trolley!  
You still have time to buy and sell tickets!*

Would you like to be a Secret Santa at our Christmas party on the 10<sup>th</sup> December? Bring along your lovely, wrapped gift up to the value \$10 for another lucky member! Receive a ticket and choose a gift in exchange when your number is called! See page 9 for more information about our Christmas Party at Baldwin Swamp Shelter Shed.



*We are announcing that our BOGI club now has business cards for our members to share the good news about our Organic Club. Please take some from the front desk and hand out to those interested in learning about organic gardening!*



# Christmas Party details!



When: Sunday 10<sup>th</sup> December, 10am to 3pm

Where: Baldwin Swamp Environmental Park, Shelter Shed, Steingl Street

What to bring: Chair, Cutlery, Plate, Cup, Snacks to share

Please indicate on the sign-on sheet or contact Club Mobile: 0493 789 243, re your choice of Salad or Sweet that you will bring to share!

The Club supplies Roast chicken, Sausages and Preservative free ham. Some roast turkey and fish may also be supplied.

Tea, Herb Tea and Coffee will be available.

Join in the fun with Trivia games, Sing-a long, Secret Santa (optional) and Dancing - for some!

Our raffle will be drawn during the afternoon. We are looking forward to seeing you all there!



Make certain you have tickets in this wonderful prize for our raffle!

## Planting by the Moon – December

**(Last ¼ to New Moon) 5 – 12 Dec:** The waning moon is good for balanced growth. No sowing or planting during this phase. *Harvest vegetables, weeding, digging, pruning and cultivate. Apply mulch*

**(New Moon to ¼ Moon) 13 – 19 Dec:** Influences balanced growth; a lower gravitational pull decreases and this stimulates root growth. The best time to sow or transplant leafy vegetables.

**(First ¼ to Full Moon) 20 – 26 Dec:** Increased light from the waxing moon benefits leaf growth, and root growth slows down. Best time to sow/transplant fruiting annuals.

**(Full Moon to ¼ Moon) 27 Dec – 4 Jan:** Gravitational pull decreases and moonlight decreases, so leaf growth reduces and root growth increases. Plant root crops now.

### What to plant in December:

*Asian vegetables; Beans; Capsicum; Chilli; Cucumber; Eggplant; Lettuce; Luffa; Marrow; Melon; Mustard Greens; Pumpkins; Radish; Rosellas; Shallots; Squash; Sweet Corn; Sweet Potatoes; Tomatoes; Zucchini.*

Plant these in seedling trays first: *Asian Vegetables; Asparagus; French Beans; Choko; Cucumber; Eggplant; Lettuce; Marrow; Mustard Greens; Rosella; Shallots; Squash; Tomatoes; Zucchini.*

### Seeds and Seedlings Give-away

Several club members collect seeds from their gardens. At club meetings, these seeds and seedlings are available for members to plant out in their own gardens. This is a good opportunity for you to try some new varieties. Many thanks to those members who are happy to share their seeds and seedlings.

**BOGI SHOP – See Bruce before or after the meeting to purchase any of the following gardening inputs. This is one way that the club supports its members by buying in bulk and sharing the savings.**

Products available are:

- Liquid Lime
- Liquid Kelp
- Liquid Fish
- Mineral Granules
- Microlife
- Organibor
- Katex Organic Super Growth
- Molasses



They are available for sale at our meetings, or please contact Bruce McKay on 4154 4405 for collection from his address in Walkervale.

**Committee**

President – Marlene Kent-Fuller  
 Vice President – Maureen Schmitt  
 Treasurer – Kay de Gunst  
 Secretary – Karyn Ennor  
 Committee Members – Pam Biden, Lenzie Duffy  
 Christine Jeffrey, Deltry Dickie  
 Herbal Teas – Tony Wolfe  
 Library – Joy Millett  
 Supper – Pam Biden  
 Workshops and Field Trips – Linda Cameron  
 0437 679 747  
 BOGI Shop – Bruce McKay - 4154 4405  
 Newsletter Editor– Deltry Dickie – 0414 992 553  
 Assistant Editor – Joan Smart  
 Note Taker – Lara Hawker

**Deadline for January 2024 Newsletter  
 Friday 5th January 2024**

**Please send through information to the editor by the second Friday of each month.**

We would love FEEDBACK from club members on anything and everything.

**Tell us about your successes and your failures in the garden and help others learn along the way.**

Let us know about community events or what’s up-and-coming in the area.

To include notices and details of Club activities email: [newsletter.bundyorgard@gmail.com](mailto:newsletter.bundyorgard@gmail.com)

Or Phone Deltry 0414 992 553

Please send through articles at any time, if they miss one newsletter, they will make the next.



**Our Objectives**

- To promote the understanding of the health and environmental benefits of organic gardening and food production.
- To encourage members to grow some of their own herbs, vegetables and fruit using organic principles.
- To help preserve traditional, non-patented and seed heirloom varieties.
- To provide fellowship and enjoyment in growing and eating organic food.
- To encourage active participation by members in supportive and fun social activities in pursuit of the above objectives.

**Treasurers Report October 2023**

Opening Balance 1 <sup>st</sup> October	\$5880.92
Income	\$ 154.00
Expenditure	\$ 555.60
Closing Balance October	<u>\$5325.56</u>

***This Month’s Supper Roster Tuesday 28th November***

*Karyn Ennor Daniel Critchlow Trevor Galletly  
 Lara Hawker Malcom Fuller Les de Gunst  
 Deltry Dickie Joan Smart Kay Bishop Rose Apap*

Members - Can you bring in your favourite herbs for tea tasting at our monthly suppers?  
 Please phone Tony on 0497 173 169 before the meeting to say which herbs you are bringing in for our supper tasting.

**This is the official monthly newsletter published by and distributed to the members of Bundaberg Organic Gardeners Inc. Whilst every effort is made to publish accurate information, the Club accepts no responsibility for statements made or opinions expressed, or any consequence arising from them. For further information, contact the Secretary.**